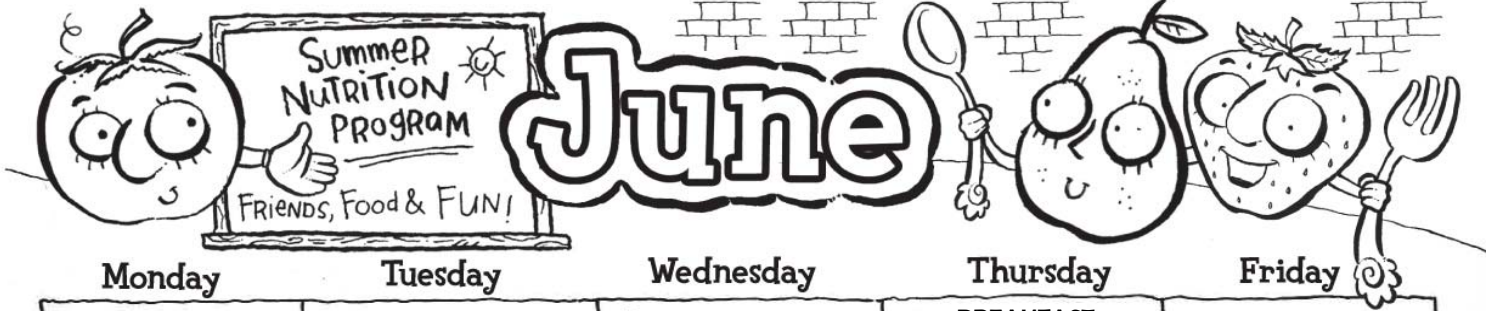


Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 <u>BREAKFAST</u> PORK TAMALES CEREAL FRUIT JUICE <u>LUNCH</u> BBQ TURKEY SANDWICH BURGER SALAD MACARONI & CHEESE FROZEN PEACH CUPS	3 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE <u>LUNCH</u> SPAGHETTI W/ MEATBALLS WHOLE WHEAT BREAD MIXED VEGETABLES TOSSED SALAD OATMEAL RAISIN COOKIE	4 <u>BREAKFAST</u> EGG & CHEESE BISCUIT CEREAL FRUIT JUICE <u>LUNCH</u> HOT DOG W/ CHILI SWEET CORN VEGGIE NIBBLES FRUIT VARIETY	5 CLOSED
8 <u>BREAKFAST</u> SCRAMBLED EGG & CHEESE WHOLE WHEAT TOAST FRUIT JUICE <u>LUNCH</u> CHEESEBURGER BURGER SALAD FIESTA FRIES FROZEN PEACH CUP	9 <u>BREAKFAST</u> STRAWBERRY-BANANA FRENCH TOAST STICKS CEREAL FRESH FRUIT <u>LUNCH</u> TURKEY BREAST STEAK WHEAT ROLL MASHED POTATO W/ BROWN GRAVY BROCCOLI & CHEESE	10 <u>BREAKFAST</u> HAM & CHEESE CROISSANT CEREAL FRUIT JUICE <u>LUNCH</u> BBQ CHICKEN TOSSED SALAD WHOLE WHEAT BREAD SWEET GOLDEN CORN FRUIT VARIETY	11 <u>BREAKFAST</u> BLUEBERRY MUFFIN CEREAL FRESH FRUIT <u>LUNCH</u> PICADILLO CON PAPAS FLOUR TORTILLA SPANISH RICE REFRIED BEANS TACO SIDE SALAD	12 CLOSED
15 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE <u>LUNCH</u> SALISBURY STEAK WHOLE WHEAT BREAD MASHED POTATO W/ BROWN GRAVY GREEN BEANS FROZEN PEACH CUP	16 <u>BREAKFAST</u> PORK TAMALES CEREAL FRUIT JUICE <u>LUNCH</u> CARNE GUISADA CORN TORTILLAS SPANISH RICE REFRIED BEANS TACO SIDE SALAD	17 <u>BREAKFAST</u> MAPLE PANEGG CAKES SAUSAGE LINK FRESH FRUIT <u>LUNCH</u> CORN DOG FIESTA FRIES CARROT COINS FRUIT VARIETY	18 <u>BREAKFAST</u> PANCAKE SAUSAGE CEREAL FRUIT JUICE <u>LUNCH</u> PEPPERONI PIZZA SWEET CORN TOSSED SALAD CHOCOLATE CHIP COOKIE	19 CLOSED
22 <u>BREAKFAST</u> CARNE GUISADA TACO CEREAL FRUIT JUICE <u>LUNCH</u> CHEESEBURGER BURGER SALAD FIESTA FRIES FROZEN PEACH CUP	23 <u>BREAKFAST</u> STRAWBERRY-BANANA FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT <u>LUNCH</u> HONEY-LEMON CHICKEN WHOLE WHEAT BREAD SWEET CORN TOSSED SALAD FRESH FRUIT	24 <u>BREAKFAST</u> MAPLE PANEGG CAKES SAUSAGE LINK FRUIT JUICE <u>LUNCH</u> TURKEY, HAM & CHEESE HOAGIE MACARONI & CHEESE MIXED VEGETABLES BURGER SALAD	25 <u>BREAKFAST</u> HAM & CHEESE CROISSANT CEREAL FRUIT JUICE <u>LUNCH</u> PEPPERONI PIZZA CARROT COINS JIGGLY JELL-O FRESH FRUIT	26 CLOSED
29 <u>BREAKFAST</u> EGG & CHEESE BISCUIT CEREAL <u>LUNCH</u> PICADILLO CON PAPAS FLOUR TORTILLAS SPANISH RICE REFRIED BEANS TACO SIDE SALAD FRUIT COCKTAIL	30 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE <u>LUNCH</u> BBQ CHICKEN TOSSED SALAD WHOLE WHEAT BREAD BROCCOLI & CHEESE APPLESAUCE			

LAREDO INDEPENDENT SCHOOL DISTRICT SACK BREAKFAST & SACK LUNCH MENU

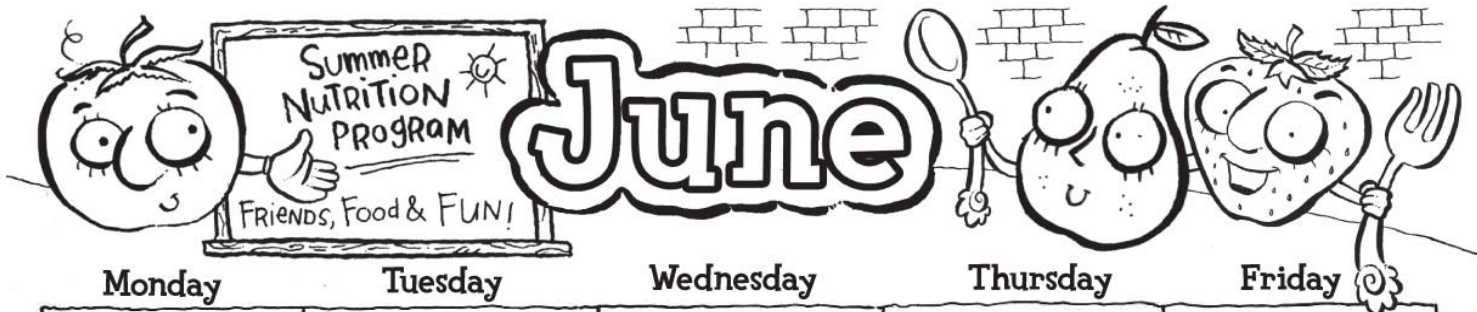


Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 <u>BREAKFAST</u> APPLE CINNAMON MUFFIN CEREAL FRUIT JUICE <u>LUNCH</u> BBQ TURKEY SANDWICH BURGER SALAD MACARONI & CHEESE FROZEN PEACH CUPS	3 <u>BREAKFAST</u> FRENCH TOAST FRESH FRUIT IN SEASON <u>LUNCH</u> SPAGHETTI W/ MEATBALLS MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT COCKTAIL	4 <u>BREAKFAST</u> SAUSAGE BISCUIT CEREAL FRUIT JUICE <u>LUNCH</u> HOT DOG W/ CHILI SWEET CORN VEGGIE NIBBLES FRESH FRUIT IN SEASON	5 <u>BREAKFAST</u> FROSTED FLAKES JUMPSTARTS <u>LUNCH</u> BEEF & CHEESE MEAL BREAK
8 <u>BREAKFAST</u> EGG & SAUSAGE BISCUIT FRUIT JUICE <u>LUNCH</u> CHEESEBURGER BURGER SALAD FIESTA FRIES FROZEN PEACH CUP	9 <u>BREAKFAST</u> FRENCH TOAST FRESH FRUIT IN SEASON <u>LUNCH</u> TURKEY BREAST STEAK MASHED POTATO W/ BROWN GRAVY BROCCOLI & CHEESE WHEAT ROLL FRESH FRUIT IN SEASON	10 <u>BREAKFAST</u> HAM & CHEESE CROISSANT FRUIT JUICE <u>LUNCH</u> CHICKEN TENDERS WHOLE WHEAT BREAD MIXED VEGETABLES FRESH FRUIT IN SEASON	11 <u>BREAKFAST</u> SUPER DONUT CEREAL FRESH FRUIT IN SEASON <u>LUNCH</u> PICADILLO CON PAPAS FLOUR TORTILLAS SPANISH RICE REFRIED BEANS FROZEN PEACH CUP	12 <u>BREAKFAST</u> APPLE JACKS JUMPSTARTS <u>LUNCH</u> TURKEY MEAL BREAK
15 <u>BREAKFAST</u> SAUSAGE BISCUIT FRUIT JUICE <u>LUNCH</u> SALISBURY STEAK MASHED POTATOES W/ BROWN GRAVY GREEN BEANS WHOLE WHEAT BREAD FROZEN PEACH CUP	16 <u>BREAKFAST</u> CHOCOLATE MUFFIN CEREAL FRESH FRUIT IN SEASON <u>LUNCH</u> CARNE GUISADA W/ CORN TORTILLAS SPANISH RICE REFRIED BEANS TACO SIDE SALAD	17 <u>BREAKFAST</u> PORK KOLACHE CEREAL FRUIT JUICE <u>LUNCH</u> CORN DOG FIESTA FRIES CARROT COINS FRUIT VARIETY	18 <u>BREAKFAST</u> PANCAKE SAUSAGE CEREAL <u>LUNCH</u> PEPPERONI PIZZA SWEET CORN TOSSED SALAD FRUIT VARIETY	19 <u>BREAKFAST</u> FROOT LOOPS JUMPSTARTS <u>LUNCH</u> PEANUT BUTTER & JELLY MEAL BREAK
22 <u>BREAKFAST</u> APPLE CINNAMON MUFFIN CEREAL FRUIT JUICE <u>LUNCH</u> CHEESEBURGER BURGER SALAD FIESTA FRIES FROZEN PEACH CUP	23 <u>BREAKFAST</u> HAM & CHEESE CROISSANT CEREAL FRUIT JUICE <u>LUNCH</u> HONEY-LEMON CHICKEN WHOLE WHEAT BREAD SWEET CORN FRESH FRUIT IN SEASON	24 <u>BREAKFAST</u> FRENCH TOAST FRESH FRUIT IN SEASON <u>LUNCH</u> TURKEY, HAM & CHEESE HOAGIE MACARONI & CHEESE MIXED VEGETABLES FRESH FRUIT IN SEASON	25 <u>BREAKFAST</u> SAUSAGE BISCUIT CEREAL FRUIT JUICE <u>LUNCH</u> PEPPERONI PIZZA CARROT COINS JIGGLY JELL-O FRESH FRUIT IN SEASON	26 <u>BREAKFAST</u> FROSTED FLAKES JUMPSTART <u>LUNCH</u> BEEF & CHEESE MEAL BREAK
29 <u>BREAKFAST</u> EGG & SAUSAGE BISCUIT FRUIT JUICE <u>LUNCH</u> BBQ TURKEY SANDWICH BURGER SALAD MACARONI & CHEESE FROZEN PEACH CUP	30 <u>BREAKFAST</u> FRENCH TOAST FRESH FRUIT IN SEASON <u>LUNCH</u> SPAGHETTI W/ MEATBALLS MIXED VEGETABLES WHOLE WHEAT BREAD TOSSED SALAD FRESH FRUIT IN SEASON			

*MENU SUBJECT TO CHANGE. VARIETY OF LOW FAT MILK, FRESH &/OR CANNED FRUIT OFFERED WITH EVERY MEAL. "In accordance with Federal law & U. S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Ave., SW, Washington, D. C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."



LAREDO INDEPENDENT SCHOOL DISTRICT SECONDARY BREAKFAST & LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 BREAKFAST BREAKFAST BURRITO CEREAL FRUIT JUICE LUNCH BBQ TURKEY SANDWICH BURGER SALAD MACARONI & CHEESE FROZEN PEACH CUPS CHOCOLATE CHIP COOKIE	3 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY FRESH FRUIT LUNCH SPAGHETTI W/ MEATBALLS MIXED VEGETABLES TOSSED SALAD WHOLE WHEAT BREAD OATMEAL RAISIN COOKIE	4 BREAKFAST EGG & CHEESE BISCUIT CEREAL FRUIT JUICE LUNCH HOT DOG W/ CHILI SWEET CORN VEGGIE NIBBLES FRUIT VARIETY SUGAR COOKIE	5 CLOSED
8 BREAKFAST SCRAMBLED EGG & CHEESE W/ TOAST CEREAL LUNCH CHEESEBURGER BURGER SALAD FIESTA FRIES FROZEN PEACH CUP CHOCOLATE CHIP COOKIE	9 BREAKFAST STRAWBERRY-BANANA FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT LUNCH TURKEY BREAST STEAK MASHED POTATO & GRAVY BROCCOLI & CHEESE WHEAT ROLL RICE KRISPIES BAR	10 BREAKFAST EGG, HAM & CHEESE CROISSANT CEREAL FRUIT JUICE LUNCH BBQ CHICKEN TOSSED SALAD BUTTERY BISCUITS SWEET CORN SUGAR COOKIE	11 BREAKFAST SUPER DONUT CEREAL FRESH FRUIT LUNCH PICADILLO CON PAPAS FLOUR TORTILLAS SPANISH RICE REFRIED BEANS TACO SIDE SALAD FRUIT VARIETY	12 CLOSED
15 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE LUNCH OVEN FRIED CHICKEN MASHED POTATO & GRAVY GREEN BEANS WHOLE WHEAT BREAD FROZEN PEACH CUP	16 BREAKFAST BEEF TACOS CEREAL FRUIT JUICE LUNCH BURRITO W/ CHEESE SAUCE SPANISH RICE REFRIED BEANS TACO SIDE SALAD FRUIT VARIETY	17 BREAKFAST MAPLE PANEGG CAKES SAUSAGE LINK FRESH FRUIT LUNCH CHICKEN FRIED STEAK W/ GRAVY & WHEAT ROLL FIESTA FRIES CARROT COINS SUGAR COOKIE	18 BREAKFAST EGG & CHEESE BISCUIT CEREAL FRUIT JUICE LUNCH PEPPERONI PIZZA SWEET CORN TOSSED SALAD FRUIT VARIETY	19 CLOSED
22 BREAKFAST SCRAMBLED EGG & TOAST CEREAL FRUIT JUICE LUNCH CHEESEBURGER BURGER SALAD FIESTA FRIES CHOC. CHIP COOKIE FROZEN PEACH CUP	23 BREAKFAST STRAWBERRY-BANANA FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT LUNCH HONEY-LEMON CHICKEN WHOLE WHEAT BREAD BROCCOLI & CHEESE SWEET CORN SUGAR COOKIE	24 BREAKFAST MAPLE PANEGG CAKES SAUSAGE LINK FRUIT JUICE LUNCH BBQ PORK STRIP SANDWICH MACARONI & CHEESE MIXED VEGETABLES BURGER SALAD OATMEAL RAISIN COOKIE	25 BREAKFAST EGG, HAM & CHEESE CROISSANT CEREAL FRUIT JUICE LUNCH PEPPERONI PIZZA CARROT COINS JIGGLY JELL-O FRESH FRUIT	26 CLOSED
29 BREAKFAST EGG & CHEESE BISCUIT CEREAL LUNCH BBQ TURKEY SANDWICH BURGER SALAD MACARONI & CHEESE CHOCOLATE CHIP COOKIE FROZEN PEACH CUP	30 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE LUNCH SPAGHETTI W/ MEATBALLS WHOLE WHEAT BREAD MIXED VEGETABLES TOSSED SALAD OATMEAL RAISIN COOKIE			

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