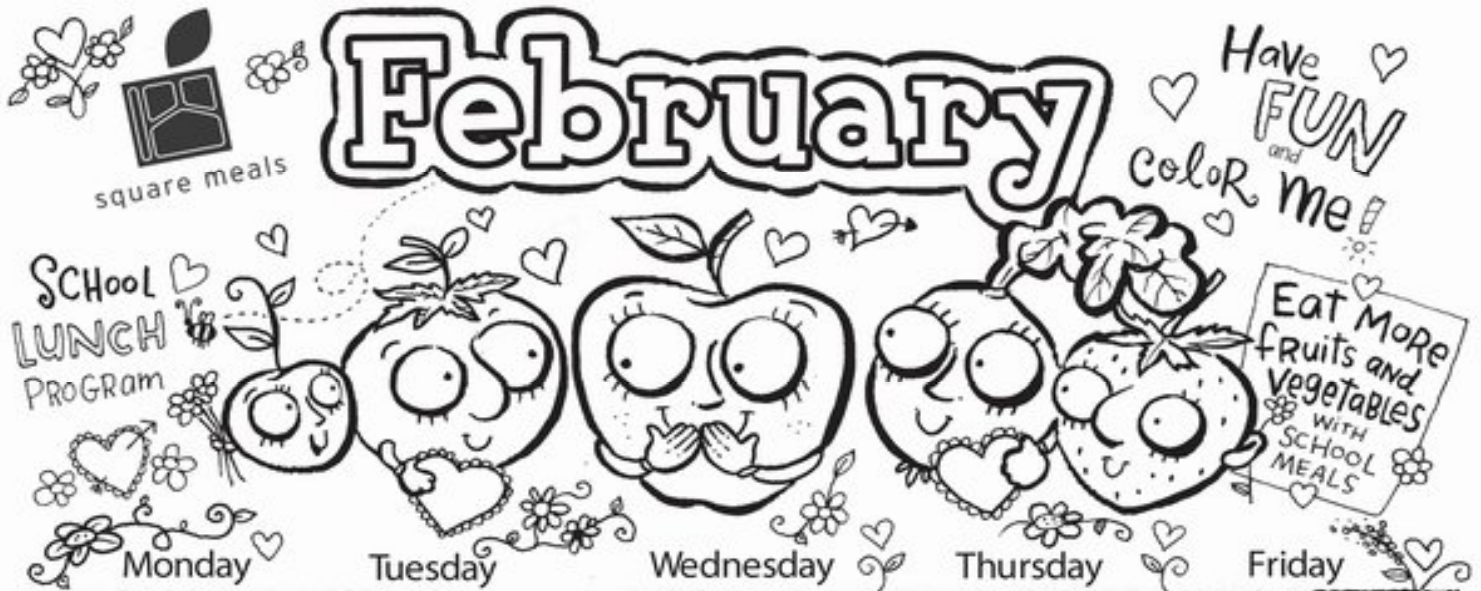


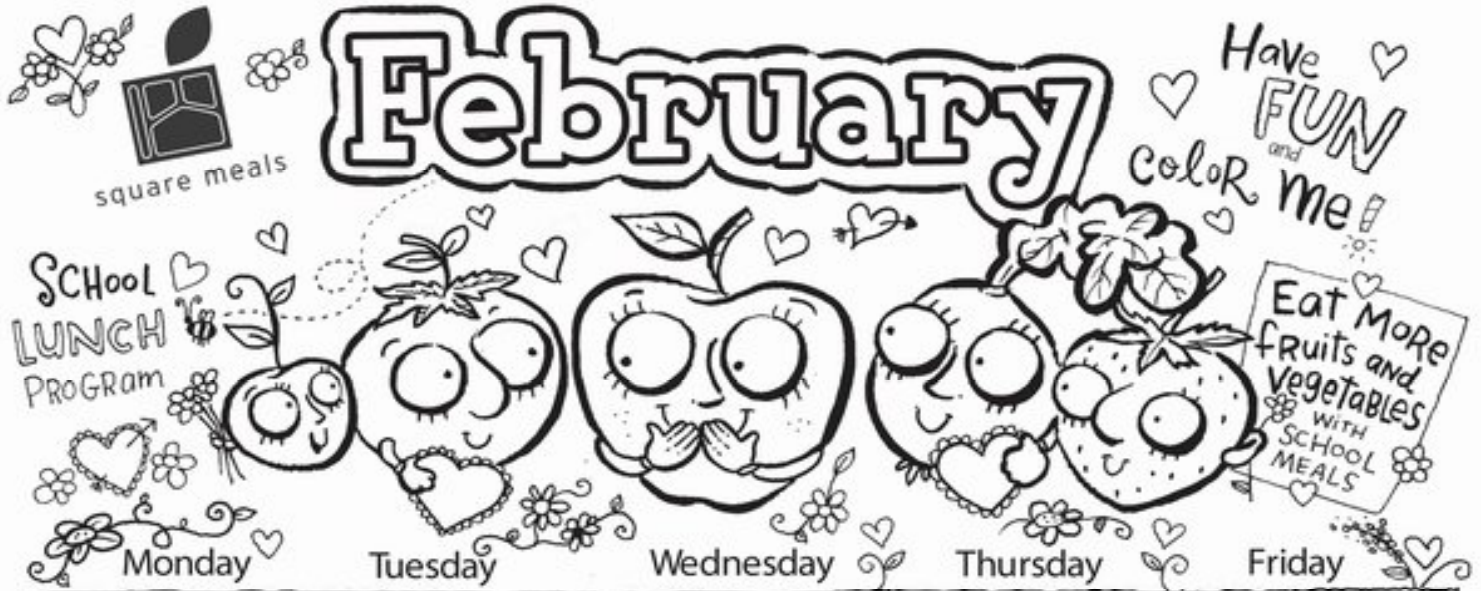
LAREDO INDEPENDENT SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU



<p>1 <u>BREAKFAST</u> CHEESE OMELET W/ TOAST CRISP BACON FRUIT JUICE <u>BREAKFAST BAG</u> APPLE CINNAMON MUFFIN CEREAL FRUIT JUICE</p>	<p>2 <u>BREAKFAST</u> HAM, EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> PORK TAMALES FRESH FRUIT</p>	<p>3 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY PEACH YOGURT <u>BREAKFAST BAG</u> BANANA MINI LOAF PEACH YOGURT</p>	<p>4 <u>BREAKFAST</u> PANCAKE SAUSAGE CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> SAUSAGE PANCAKE SANDWICH CEREAL</p>	<p>5 <u>BREAKFAST</u> HAM & CHEESE CROISSANT FRESH FRUIT <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRUIT JUICE</p>
<p>8 <u>BREAKFAST</u> SCRAMBLED EGG & CHEESE WHOLE WHEAT TOAST FRUIT JUICE <u>BREAKFAST BAG</u> BLUEBERRY MUFFIN CHEESE STRING FRUIT JUICE</p>	<p>9 <u>BREAKFAST</u> EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> SAUSAGE BISCUIT CEREAL FRUIT JUICE</p>	<p>10 <u>BREAKFAST</u> STRAWBERRY- BANANA FRENCH TOAST STICKS STRAWBERRY YOGURT <u>BREAKFAST BAG</u> CEREAL FRESH FRUIT STRAWBERRY YOGURT</p>	<p>11 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE <u>BREAKFAST BAG</u> PANCAKE SAUSAGE FRUIT JUICE</p>	<p>12 <u>BREAKFAST</u> BREAKFAST BURRITO CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRESH FRUIT</p>
<p>15 <u>BREAKFAST</u> CHOCOLATE CHIP MUFFIN CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> APPLE BAR CEREAL FRUIT JUICE</p>	<p>16 <u>BREAKFAST</u> PANCAKES W/ SAUSAGE PATTY FRESH FRUIT <u>BREAKFAST BAG</u> GINGERBREAD COOKIE CEREAL FRUIT JUICE</p>	<p>17 <u>BREAKFAST</u> PORK KOLACHE CEREAL STRAWBERRY-BANANA YOGURT <u>BREAKFAST BAG</u> PORK KOLACHE FRUIT JUICE STRAWBERRY-BANANA YOGURT</p>	<p>18 <u>BREAKFAST</u> HAM & CHEESE CROISSANT CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> CHOCOLATE CHIP MUFFIN FRESH FRUIT</p>	<p>19 STAFF DEVELOP- MENT</p>
<p>22 <u>BREAKFAST</u> CHEESE OMELET W/ TOAST CRISP BACON FRUIT JUICE <u>BREAKFAST BAG</u> APPLE CINNAMON MUFFIN CEREAL FRUIT JUICE</p>	<p>23 <u>BREAKFAST</u> HAM, EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> PORK TAMALES FRESH FRUIT</p>	<p>24 <u>BREAKFAST</u> OATMEAL W/ TOAST SAUSAGE PATTY STRAWBERRY YOGURT <u>BREAKFAST BAG</u> BANANA MINI LOAF PEACH YOGURT</p>	<p>25 <u>BREAKFAST</u> GREEN EGGS & HAM FLOUR TORTILLAS FRUIT JUICE <u>BREAKFAST BAG</u> SAUSAGE PANCAKE SANDWICH CEREAL</p>	<p>26 <u>BREAKFAST</u> HAM & CHEESE CROISSANT FRESH FRUIT <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRUIT JUICE</p>

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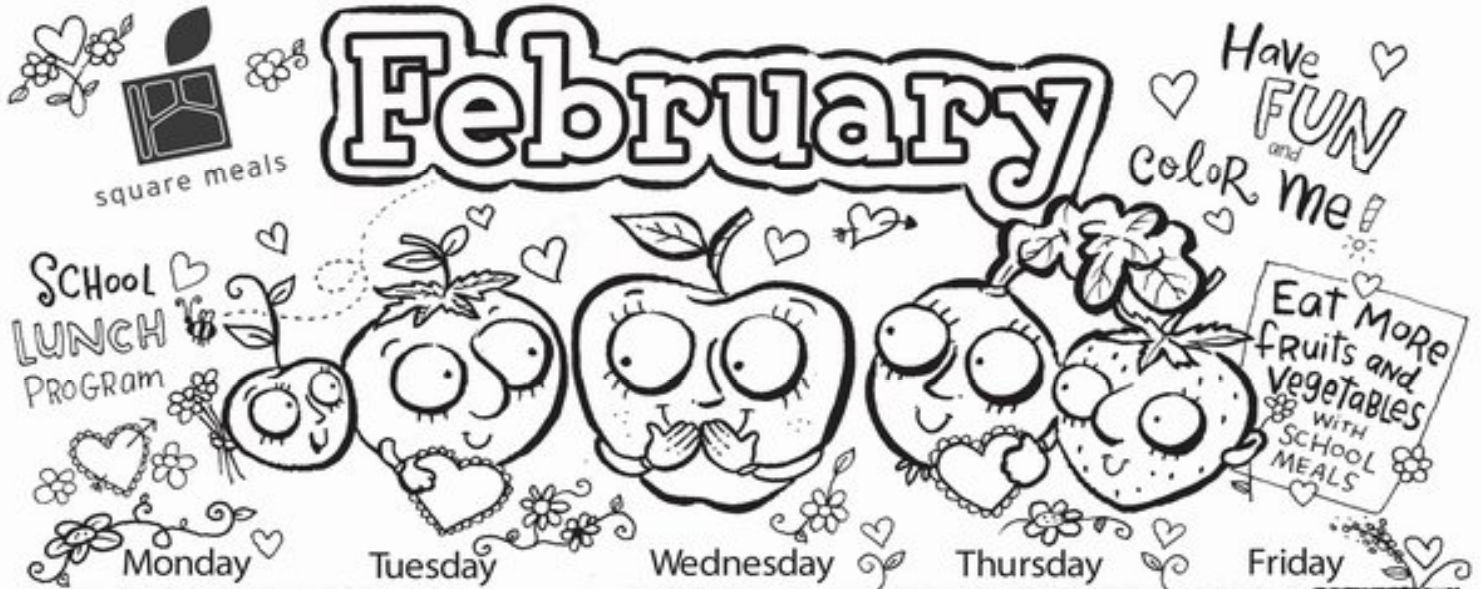
LAREDO INDEPENDENT SCHOOL DISTRICT ELEMENTARY LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 LUNCH TURKEY TACOS HAM & CHEESE SANDWICH CHICKEN & STARS SOUP SHREDDED CHEESE SPANISH RICE REFRIED BEANS TACO SIDE SALAD CANNED & FRESH FRUIT</p>	<p>2 LUNCH SALISBURY STEAK CHEF'S SALAD WHOLE WHEAT BREAD MASHED POTATOES W/ BROWN GRAVY GREEN PEAS OATMEAL RAISIN COOKIE CANNED & FRESH FRUIT</p>	<p>3 LUNCH HAM, TURKEY & CHEESE HOAGIE GRILLED CHICKEN BURGER MACARONI & CHEESE MIXED VEGETABLES BURGER SALAD CANNED & FRESH FRUIT</p>	<p>4 LUNCH PEPPERONI PIZZA CHICKEN NUGGETS SWEET CORN TOSSED SALAD CANNED & FRESH FRUIT</p>	<p>5 LUNCH CRISPY CHICKEN BURGER PEANUT BUTTER & JELLY SANDWICH FRENCH FRIES BURGER SALAD CANNED & FRESH FRUIT</p>
<p>8 LUNCH CHEESEBURGER CHICKEN TENDERS BURGER SALAD POTATO ROUNDS CANNED & FRESH FRUIT</p>	<p>9 LUNCH SPAGHETTI W/ MEAT SAUCE CHICKEN CAESAR SALAD BREADSTICK PEAS & CARROTS CELERY & APPLES W/ PEANUT BUTTER CANNED & FRESH FRUIT</p>	<p>10 LUNCH CARNE GUISADA W/ FLOUR TORTILLA CHEF'S SALAD CHICKEN & STARS SOUP SPANISH RICE REFRIED BEANS TACO SIDE SALAD CANNED & FRESH FRUIT</p>	<p>11 LUNCH CHICKEN NUGGETS HAM & CHEESE SANDWICH MEGA NOODLE SOUP MIXED VEGETABLES WHOLE WHEAT BREAD FRUIT & NUT MIX CANNED & FRESH FRUIT</p>	<p>12 LUNCH HOT DOG W/ CHILI CON CARNE TURKEY BREAST SANDWICH SWEET CORN VEGGIE NIBBLES VALENTINE SUNDAE CANNED & FRESH FRUIT</p>
<p>15 LUNCH BURRITO W/ CHEESE SAUCE TURKEY BREAST SANDWICH SPANISH RICE REFRIED BEANS TACO SIDE SALAD CANNED & FRESH FRUIT</p>	<p>16 LUNCH SALISBURY STEAK BBQ CHICKEN WHOLE WHEAT BREAD MASHED POTATO W/ BROWN GRAVY GREEN BEANS SUGAR COOKIE CANNED & FRESH FRUIT</p>	<p>17 LUNCH CORNDOG PEANUT BUTTER & JELLY SANDWICH WHOLE WHEAT BREAD FRENCH FRIES CARROT COINS CANNED & FRESH FRUIT</p>	<p>18 LUNCH GRILLED CHICKEN BURGER CHEF'S SALAD MACARONI & CHEESE MIXED VEGETABLES BURGER SALAD CANNED & FRESH FRUIT</p>	<p>19 STAFF DEVELOPMENT</p>
<p>22 LUNCH CHEESEBURGER TURKEY BREAST SANDWICH BURGER SALAD FRENCH FRIES CANNED & FRESH FRUIT</p>	<p>23 LUNCH TURKEY BREAST STEAK W/ GRAVY & STUFFING CHEF'S SALAD WHEAT ROLL MASHED POTATOES W/ BROWN GRAVY GREEN BEANS CANNED & FRESH FRUIT</p>	<p>24 LUNCH CHICKEN TENDERS CHICKEN CAESAR SALAD BROCCOLI & CHEESE CHOCOLATE CHIP COOKIE CANNED & FRESH FRUIT</p>	<p>25 LUNCH ROASTED CHICKEN HAM & CHEESE SANDWICH MEGA NOODLE SOUP TOSSED SALAD WHOLE WHEAT BREAD SWEET CORN CANNED & FRESH FRUIT</p>	<p>26 LUNCH STEAK FINGERS PEANUT BUTTER & JELLY SANDWICH WHOLE WHEAT BREAD MACARONI & CHEESE CREAM GRAVY PEAS & CARROTS CANNED & FRESH FRUIT</p>

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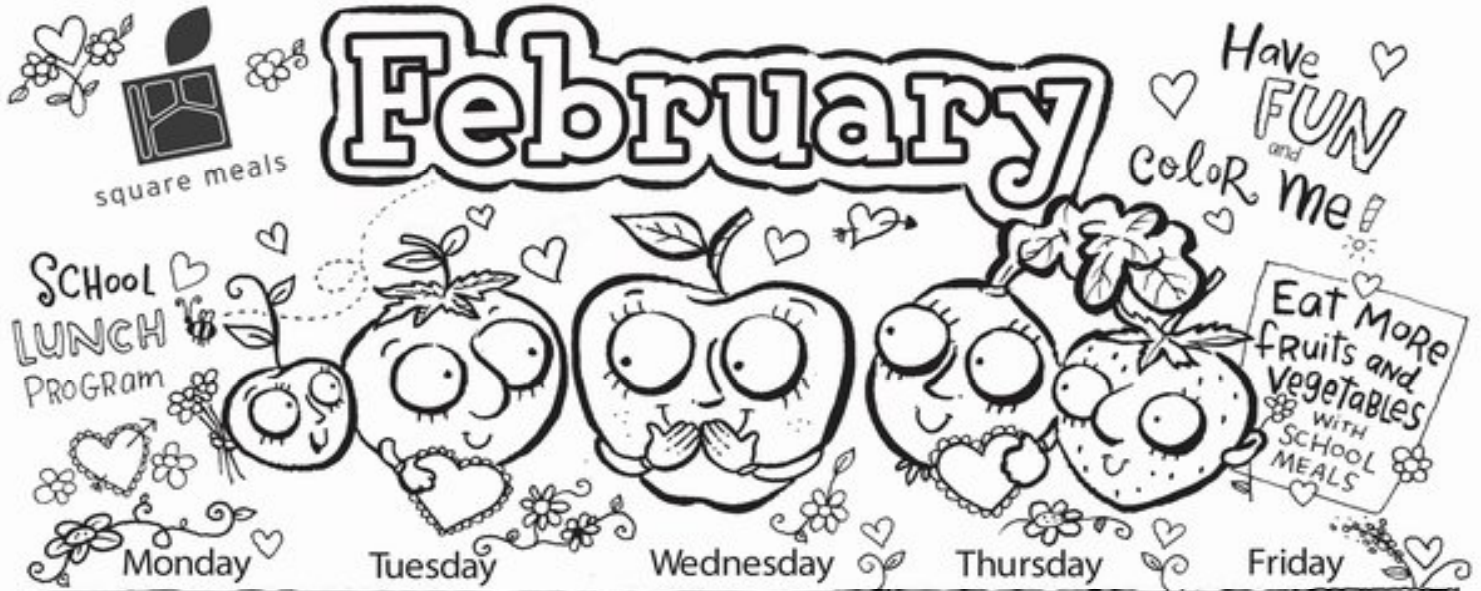
LAREDO INDEPENDENT SCHOOL DISTRICT PRE-K BREAKFAST MENU



<p>1 BREAKFAST CHEESE OMELET W/ TOAST CRISP BACON FRUIT JUICE <u>BREAKFAST BAG</u> APPLE CINNAMON MUFFIN FRUIT JUICE</p>	<p>2 BREAKFAST HAM, EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> CEREAL FRESH FRUIT</p>	<p>3 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY PEACH YOGURT <u>BREAKFAST BAG</u> BANANA MINI LOAF PEACH YOGURT</p>	<p>4 BREAKFAST PANCAKE SAUSAGE CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> SAUSAGE PANCAKE SANDWICH CEREAL</p>	<p>5 BREAKFAST HAM & CHEESE CROISSANT FRESH FRUIT <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRUIT JUICE</p>
<p>8 BREAKFAST SCRAMBLED EGG & CHEESE WHOLE WHEAT TOAST FRUIT JUICE <u>BREAKFAST BAG</u> BLUEBERRY MUFFIN FRUIT JUICE</p>	<p>9 BREAKFAST EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> SAUSAGE BISCUIT FRUIT JUICE</p>	<p>10 BREAKFAST STRAWBERRY- BANANA FRENCH TOAST STICKS CEREAL <u>BREAKFAST BAG</u> CEREAL STRAWBERRY YOGURT</p>	<p>11 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY FRUIT JUICE <u>BREAKFAST BAG</u> PANCAKE SAUSAGE FRUITJUICE</p>	<p>12 BREAKFAST BURRITO FRUIT JUICE <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRESH FRUIT</p>
<p>15 BREAKFAST CHOCOLATE CHIP MUFFIN CEREAL FRUIT JUICE <u>BREAKFAST BAG</u> APPLE BAR CEREAL FRUIT JUICE</p>	<p>16 BREAKFAST PANCAKES & SAUSAGE PATTY FRESH FRUIT <u>BREAKFAST BAG</u> PORK KOLACHE FRUIT JUICE</p>	<p>17 BREAKFAST PORK KOLACHE CEREAL STRAWBERRY- BANANA YOGURT <u>BREAKFAST BAG</u> CEREAL STRAWBERRY- BANANA YOGURT</p>	<p>18 BREAKFAST HAM & CHEESE CROISSANT CEREAL <u>BREAKFAST BAG</u> CHOCOLATE CHIP MUFFIN FRESH FRUIT</p>	<p>19 STAFF DEVELOP- MENT</p>
<p>22 BREAKFAST CHEESE OMELET W/ TOAST CRISP BACON FRUIT JUICE <u>BREAKFAST BAG</u> APPLE CINNAMON MUFFIN FRUIT JUICE</p>	<p>23 BREAKFAST HAM, EGG & CHEESE BISCUIT CEREAL <u>BREAKFAST BAG</u> CEREAL FRESH FRUIT</p>	<p>24 BREAKFAST OATMEAL W/ TOAST SAUSAGE PATTY STRAWBERRY YOGURT <u>BREAKFAST BAG</u> BANANA MINI LOAF PEACH YOGURT</p>	<p>25 BREAKFAST GREEN EGGS & HAM FLOUR TORTILLAS FRUIT JUICE <u>BREAKFAST BAG</u> SAUSAGE PANCAKE SANDWICH CEREAL</p>	<p>26 BREAKFAST HAM & CHEESE CROISSANT FRESH FRUIT <u>BREAKFAST BAG</u> HAM & CHEESE CROISSANT FRUIT JUICE</p>

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LAREDO INDEPENDENT SCHOOL DISTRICT PRE-K LUNCH MENU



<p>1 LUNCH SOFT TURKEY TACOS SPANISH RICE REFRIED BEANS TACO SIDE SALAD CANNED FRUIT</p>	<p>2 LUNCH SHREDDED TURKEY & GRAVY WHOLE WHEAT BREAD MASHED POTATOES W/ BROWN GRAVY GREEN PEAS FRESH FRUIT</p>	<p>3 LUNCH TURKEY, HAM & CHEESE HOAGIE MACARONI & CHEESE MIXED VEGETABLES CANNED FRUIT</p>	<p>4 LUNCH PEPPERONI PIZZA SWEET CORN TOSSED SALAD FRESH FRUIT</p>	<p>5 LUNCH CRISPY CHICKEN BURGER FRENCH FRIES FRESH FRUIT</p>
<p>8 LUNCH CHEESEBURGER POTATO ROUNDS CANNED FRUIT</p>	<p>9 LUNCH SPAGHETTI W/ MEAT SAUCE BREADSTICK PEAS & CARROTS FRESH FRUIT</p>	<p>10 LUNCH PICADILLO CON PAPAS FLOUR TORTILLA SPANISH RICE TACO SIDE SALAD CANNED FRUIT</p>	<p>11 LUNCH CHICKEN NUGGETS MIXED VEGETABLES WHOLE WHEAT BREAD CANNED FRUIT</p>	<p>12 LUNCH HOT DOG W/ CHILI CON CARNE SWEET CORN VALENTINE SUNDAE FRESH FRUIT</p>
<p>15 LUNCH BURRITO SPANISH RICE CANNED FRUIT</p>	<p>16 LUNCH SALISBURY STEAK BROWN GRAVY MASHED POTATOES GREEN BEANS SUGAR COOKIE FRESH FRUIT</p>	<p>17 LUNCH CORNDOG FRENCH FRIES CANNED FRUIT</p>	<p>18 LUNCH BEEFY MAC & CHEESE MIXED VEGETABLES WHOLE WHEAT BREAD FRESH FRUIT</p>	<p>19 STAFF DEVELOPMENT</p>
<p>22 LUNCH CHEESEBURGER FRENCH FRIES CANNED FRUIT</p>	<p>23 LUNCH SALISBURY STEAK BROWN GRAVY GREEN PEAS WHEAT ROLL FRESH FRUIT</p>	<p>24 LUNCH CHICKEN TENDERS BROCCOLI & CHEESE CHOCOLATE GRAHAM CRACKER CANNED FRUIT</p>	<p>25 LUNCH ROASTED CHICKEN WHOLE WHEAT BREAD SWEET CORN FRESH FRUIT</p>	<p>26 LUNCH STEAK FINGERS MACARONI & CHEESE PEAS & CARROTS WHOLE WHEAT BREAD FRESH FRUIT</p>

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